



WINGS 2018 ANNUAL REPORT

IT ALL BEGINS WITH REPRODUCTIVE RIGHTS

WORDS FROM OUR LEADERS

Dear Friends,

First and foremost, we want to thank you for being part of the WINGS family. We believe that “it all begins with reproductive rights” and we are pleased to share that belief with you.

The trust shown to us in 2018 was, simply put, astounding. The eruption of Fuego Volcano in June 2018 was an event we never could have imagined and the outpouring of support for Guatemala from around the globe was impressive. Because of WINGS’ history of financial transparency and commitment to serve the most vulnerable, we quickly became a focal point for volcano response donations from far and wide. We were honored to help our community in this way and you’ll read more about how we made sure those resources reached those most in need later in this report.

As we dealt with the aftermath of the volcano response, we also began to plan for the future. Your unwavering support allowed us to think more expansively and put plans in place that will allow WINGS to reach more areas of Guatemala in the coming years. We solidified our presence in Quiché, a remote department in western Guatemala that has taught us many valuable lessons about how best to grow into the Western Highlands. We also learned a new vasectomy technique, allowing us to provide a better, more effective service with reduced risk of infection. Through it all, we focused on providing high-quality, rights-based, patient-centered reproductive health care and education.

In total, we reached 23,171 individuals directly with contraceptive methods and education. We continue to see increases each year in the number of young people who come to us for counseling and contraceptive methods. In 2018, we saw 3,658 adolescents and young adults (14-24 year-olds), up 19% from 2017.

This growth would not be possible without your help and we want to take this opportunity to express how very grateful we are to you. We know that there are many causes that appeal to your generosity. We are honored that you choose to support WINGS.

With gratitude and lots of abrazos,



Holly Myers
President of the Board Directors



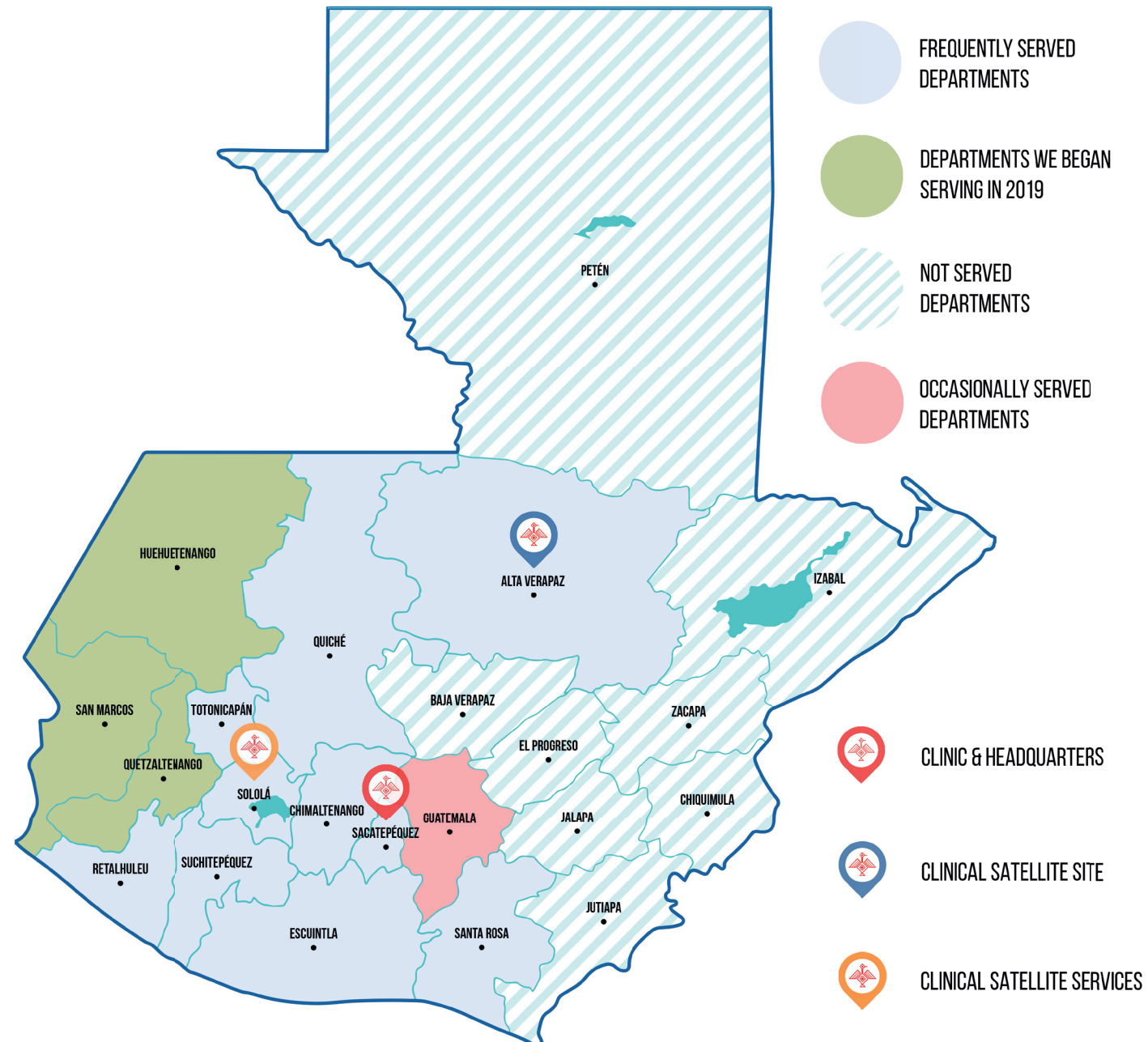
Rodrigo Barillas
Executive Director



/// ABOUT WINGS

Founded in 2001, WINGS provides quality reproductive health education and services to underserved, primarily rural Guatemalan youth, women and men. We take a holistic approach to reproductive health that recognizes the diverse barriers to exercising rights at the local level and engages community members, including indigenous women and girls, to secure reproductive rights and bring their voices to the forefront of the decision-making process. Working in predominantly rural, indigenous, and low-income departments in Guatemala, we provide education and services through a network of youth leaders, volunteer health promoters, mobile units, and stationary clinics.

OUR COVERAGE



2

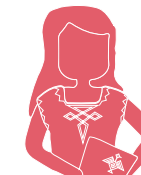
MOBILE UNITS

SERVING:
11 DEPARTMENTS



3

CLINICAL SITES



35

VOLUNTEER HEALTH PROMOTERS

SERVING:
5 DEPARTMENTS

OUR IMPACT IN 2018*

23,171

WOMEN, MEN, AND YOUTH REACHED THROUGH
SEXUAL AND REPRODUCTIVE
HEALTH INFORMATION AND SERVICES



15,957

UNINTENDED PREGNANCIES PREVENTED



79

CHILD DEATHS PREVENTED



5

MATERNAL DEATHS PREVENTED

*Calculated using the Marie Stopes International "Impact 2" demographic mathematical model.

VOLCANO RESPONSE

On June 3, 2018, Fuego Volcano erupted with a fury not seen in 60 years just 15 kilometers from WINGS headquarters in Antigua. During the critical days and weeks after the eruption, WINGS staff was involved in assuring clinical services in shelters as well as logistical assistance with community health services provided to victims of the volcanic eruption. Our regular WINGS activities, including clinic days scheduled in the area near the volcano, had to be rescheduled and our efforts were re-focused for a time to ensure that survivors and evacuees received adequate services, including access to contraception. While there was not a direct impact on the services we provide in other departments, our organization as a whole and Guatemala in general was deeply impacted by this tragedy. It brought our already close staff even closer together and revealed a strengthened commitment to serve vulnerable communities.

WINGS raised over \$78,000 to support the community's response to the volcanic eruption. Nearly three-quarters of the available funds were allocated to construction projects – \$25,438 to TECHO to build 5 temporary shelter buildings and \$25,000 to the Health Center in Escuintla. We also vetted community-based organizations like Antigua Al Rescate and Transiciones to whom we provided funds to continue search efforts and replace wheelchairs lost in the pyroclastic flow. Our nimble finance department and responsive staff allowed us to step in to provide meaningful solutions to unanticipated problems during this difficult time. Thank you so much to our 374 Volcano Response donors!



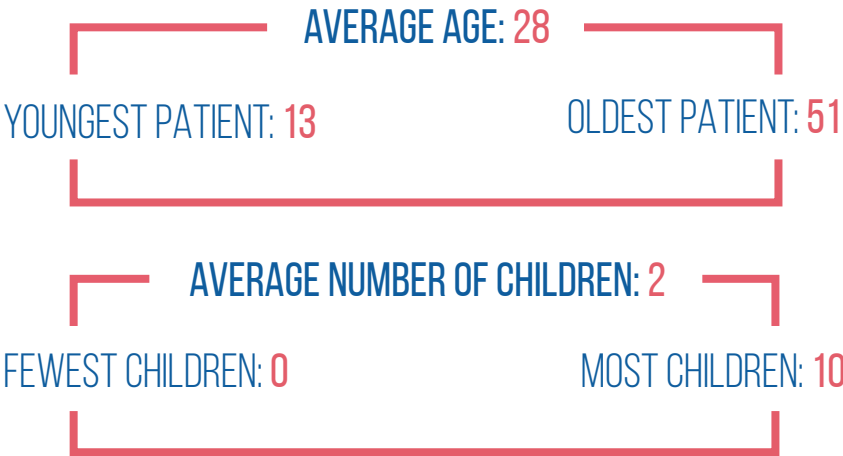
WINGS GUATEMALA VOLCÁN DE FUEGO RESPONSE: SUMMARY OF USE OF FUNDS

TOTAL DONATED BY 374 DONORS	\$ 78,886
LESS FEES	\$ 77,386
INDIRECT 10%	\$ 7,739
AVAILABLE	\$ 69,647
NEW SHELTER CONSTRUCTION - TECHO	\$ 25,438
ESCUINTLA HEALTH CENTER	\$ 25,000
REPAIR OF TWO AMBULANCES - PARRAMOS FIRE FIGHTERS	\$ 4,725
RESCUE EFFORTS AT GROUND ZERO - ANTIGUA AL RESCATE	\$ 3,425
MEDICAL COORDINATOR (PROFESSIONAL SERVICES CONTRACT)	\$ 2,589
WHEEL CHAIRS - TRANSICIONES	\$ 2,500
MEDICAL EQUIPMENT FOR TWO CLINICS	\$1,000
CLOTHING AND FOOD	\$884
GASOLINE AND MEALS FOR DELIVERIES	\$721
SUPPLIES FOR FIRST RESPONDERS AND CLEANING CREWS	\$693
MEDICINE	\$355
SUPPLIES AND MATERIALS FOR MOBILE UNIT JORNADAS	\$173
ITEMS DONATED TO SHELTERS	\$41
SUB-TOTAL	\$65,044
ONGOING COUNSELING SERVICES (WINGS STAFF)	\$4,603
TOTAL EXPENSES	\$69,647

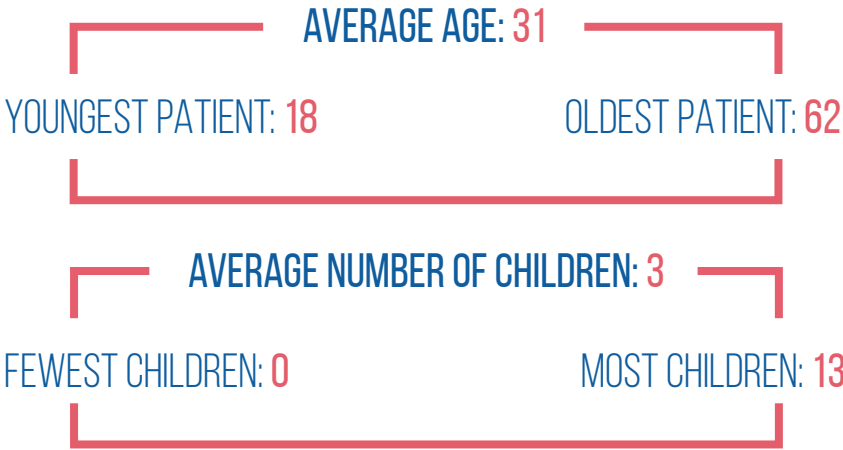


PROFILE OF OUR PATIENTS

CONTRACEPTIVE METHOD PATIENTS

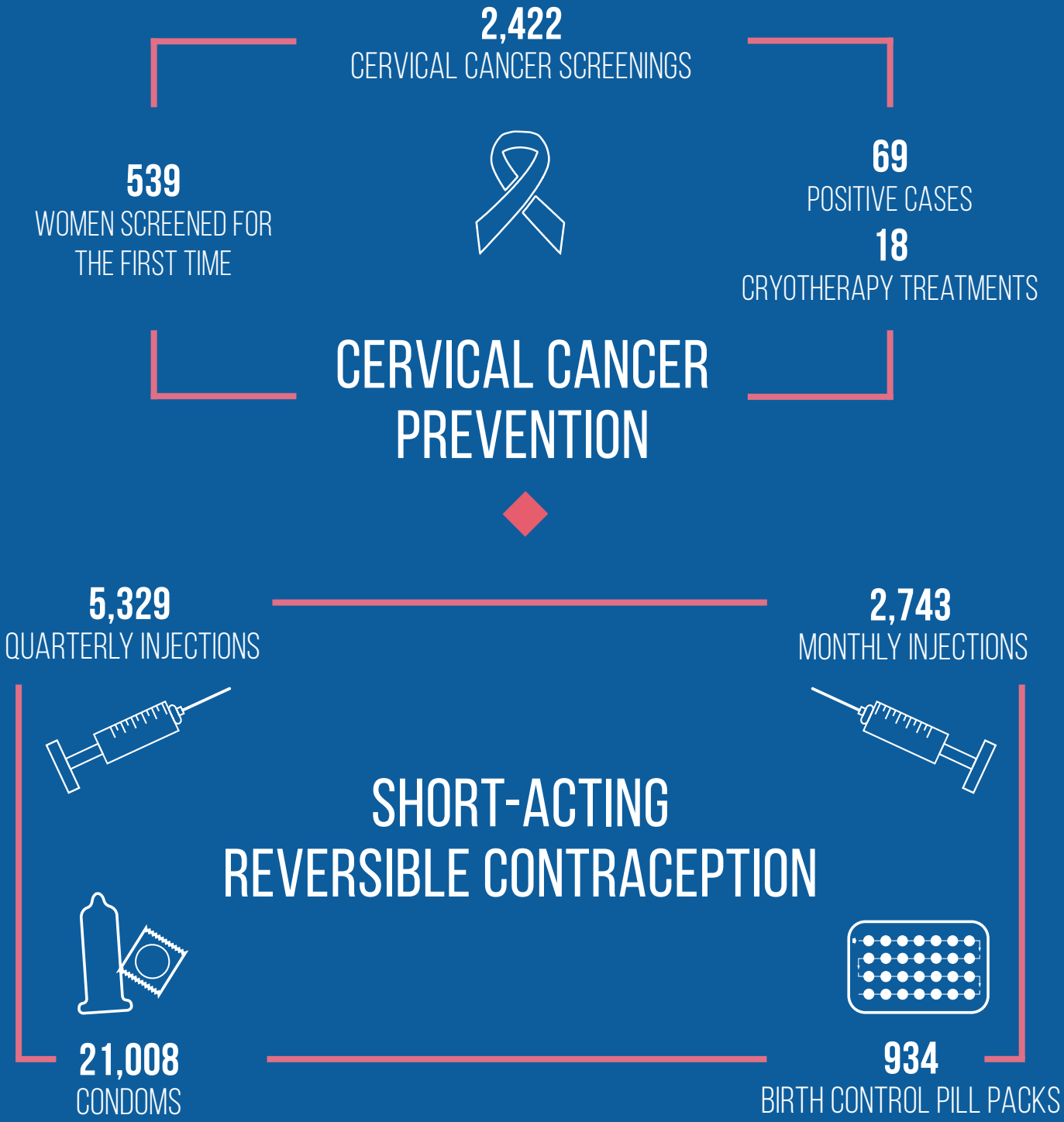
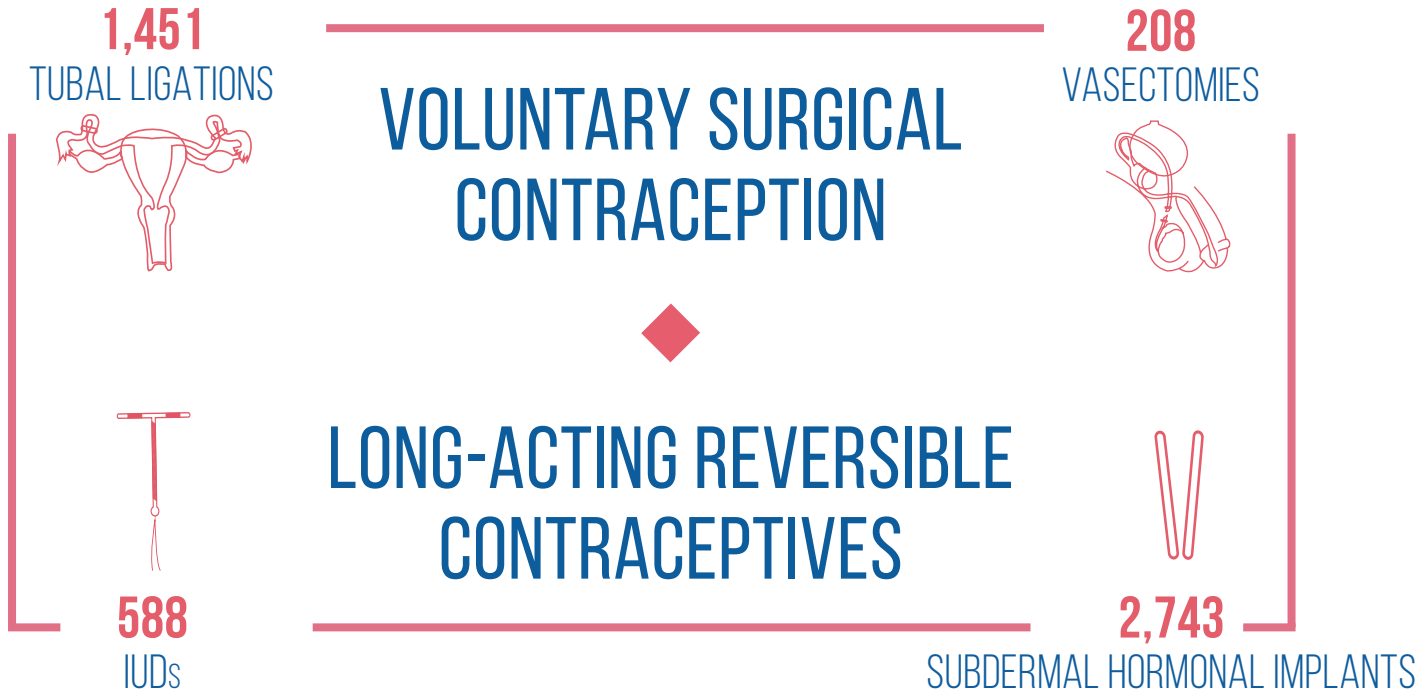


SURGICAL CONTRACEPTION PATIENTS



SERVICE PROVISION

Scalpel-Free Vasectomy: In 2018, Dr. Wayne Weissman from Seattle taught WINGS' surgeons a new vasectomy technique that does not use a scalpel and uses thermal cauterization. In addition to having a higher success rate, this technique has fewer complications and lower risk of infections. It can also be done more quickly than a conventional vasectomy and requires no sutures to close up incisions. A no-scalpel vasectomy also means less pain and bleeding. All WINGS surgeons are now using this technique in the field.





JOSÉ MANUEL COMELLI



VASECTOMY PATIENT

When I was younger, I thought I would only have 2 children. I am 37 years old and I am the father of 3 boys and 1 girl. Our last child was born while my wife was using the quarterly injection. From then on we were very afraid that she would get pregnant again. Now I don't have a job and we are in a very delicate economic situation, I can't risk having more children. A friend from where I live, Alotenango, a city in Sacatepéquez, recommended WINGS and explained to me that they perform surgery in order to have no more children.

In a sexist society such as Guatemala, contraception is considered to be for women. We think that since women are the ones who naturally bring life to the world, it is their responsibility to take care of themselves. In addition, there are myths about vasectomy, that say men are unable to be sexually functional after it. I made the decision to have surgery because I don't want my wife having an invasive surgery. She has been using contraceptive methods for two years, it was my time to take responsibility.

Family planning can be complicated for women in Guatemala. They receive criticism and prejudice based on a conservative family traditions, especially from mothers and mothers-in-law. But men don't receive education about contraception. I did not tell anyone that I got surgery, but I don't hide it either. If I have a chance I would love to encourage my friends to get a vasectomy. It was a quick operation, with little pain and, what surprised me the most, WINGS didn't even use a scalpel! In 20 minutes I was ready to go home. In 2 weeks I was fully recovered and since then, my sex life is no longer overshadowed by fear.



CALCULATING OUR NET COST

Reproductive health entities use a calculation called “Couple-Years of Protection” or CYPs (https://www.measureevaluation.org/prh/rh_indicators/family-planning/fp/cyp). A CYP is the estimated protection provided by family planning services during a one-year period, based on the volume of all contraceptives distributed to clients during that period. The CYP is calculated by multiplying the quantity of each method distributed to clients by a conversion factor, to yield an estimate of the duration of contraceptive protection provided per unit of that method. We can then apply a formula to find our net cost per CYP:

NET COST

=

PROGRAM COSTS — SALES REVENUE

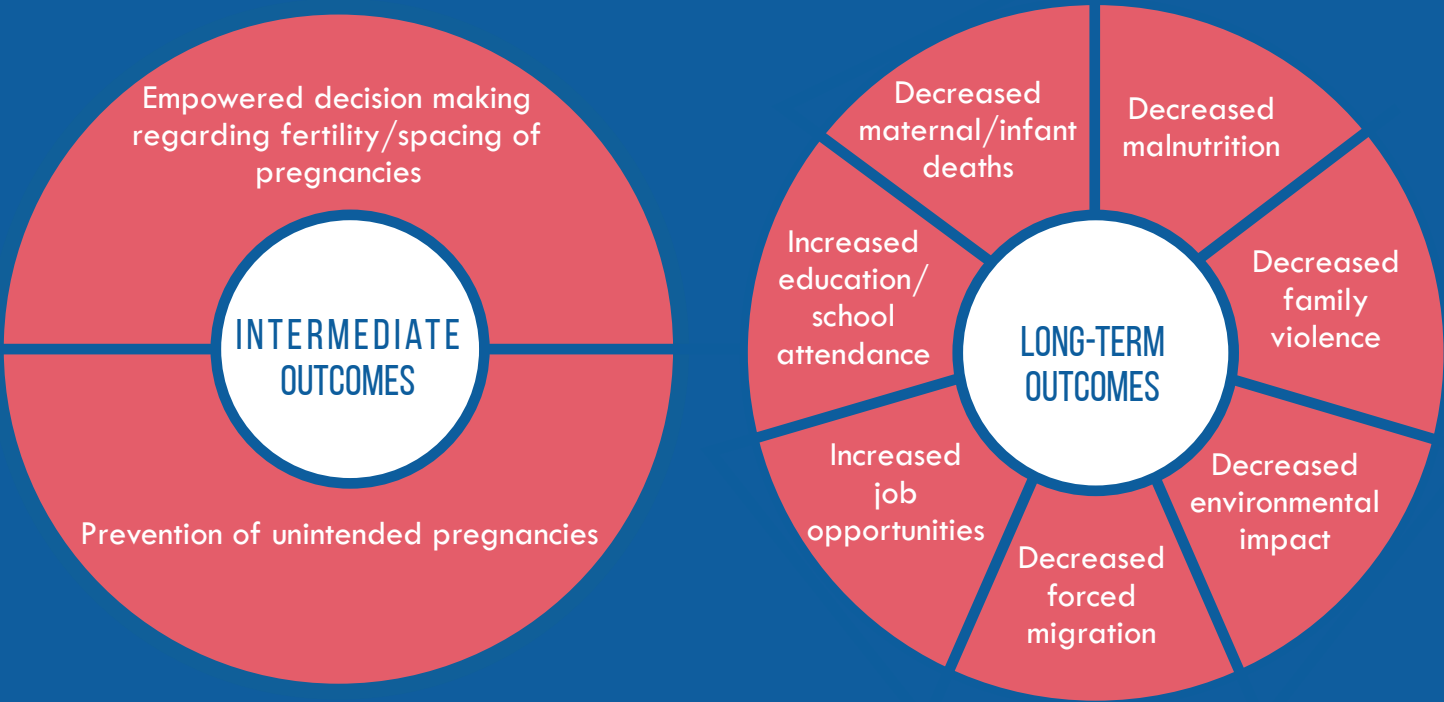
COUPLE YEAS PROTECTION PROVIDED

WINGS' NET COST PER CYP					
	2014	2015	2016	2017	2018
PROGRAM COSTS	\$470,488	\$326,734	\$440,075	\$519,287	\$547,288
LESS SALES REVENUE	\$8,705	\$21,699	\$34,381	\$30,634	\$18,815
DIVIDED BY CYPS	7,385	16,985	20,855	28,057	31,499
NET COST	\$62.53	\$17.96	\$19.45	\$17.42	\$16.78
GUATEMALA ESTIMATE		\$26.61			

The last year that we have country-level data for Guatemala was 2015. That year the national net cost per CYP was \$26.61. By using economies of scale and best-practice service delivery of contraceptive methods, we are able to continue to drive down our net cost while increasing our CYPs each year.

THEORY OF CHANGE

WINGS’ Theory of Change is rooted in the belief that it all begins with reproductive rights. Through the provision of contraceptive methods and sexual health/reproductive health (SHRH) education, we empower youth, women, and men to lead healthier lives and have healthier families. Specifically, the prevention of unintended pregnancies in turn leads to myriad personal and societal improvements.





HILDA SIQUIC

VOLUNTEER PROMOTER

I am 25 years old and I have no children. It is not something common in my environment.

I wanted to be part of WINGS to be able to inform my community. In Alta Verapaz, women have many children, and most of them are because they do not know about the existence of effective methods to control their pregnancies. In my community, Yapelmech (Raxruhá), many women have 7 to 10 children. As a Volunteer Promoter with WINGS, I provide women with short-acting reversible contraception. Now we have to educate men, because they don't want women to plan with long-acting reversible contraceptives since they believe that incites them to infidelity.

When I started with WINGS I thought that family planning talks would not be welcomed since my community is very religious and church priests are against contraception, but it was the opposite. The women are really relieved to know that they can have the children they want at such an affordable cost.



YOUTH PEER EDUCATION PROGRAM

1,443

YOUTH USING CONTRACEPTIVE
METHODS IN 2018



8,013

YOUTH BENEFICIARIES IN 2018

50

YOUTH LEADERS PARTICIPATED IN THE
YOUTH PEER EDUCATION PROGRAM GIVING

1,130 INFORMAL TALKS

&

110 FORMAL TALKS

When you meet Mariela, you realize that she is a shy girl, so it is surprising to see her talking to other teenagers about sexual health. When she talks about contraception, she does it with a self-confidence that is not typical in adolescents, especially in Guatemala. Mariela confesses that she always had a lot of interest in sexuality and issues about adolescence, but the few talks her school gave, left her with more doubts than answers. One day Ana Lucia, WINGS' Youth Program Coordinator, gave a workshop at her educational center and Mariela was inspired by it. So when the principal told her about the WINGS Youth Peer Education Program, she didn't hesitate to join.

"I come from a sexist family, we are four sisters and my mother is single. My mother had my older sister at age 15, so for my grandmother sex education was only one thing: abstinence".

Although she entered the WINGS program to learn more about family planning, Mariela says the program has taught her to be more mature. "The environment where I came from is very prejudiced, it is believed that teenage girls get pregnant because of their promiscuity. I knew that that wasn't true, but I didn't dare to speak. Thanks to WINGS now I have a voice and I have learned to empathize with people. It is very important to let young people know that they have ways to protect themselves and decide about their own future. Once we went to visit a center with children infected with HIV. AIDS and HIV are taboo subjects and we don't see that behind those, there are people who suffer from being sick and for being isolated from society. Spending time with people with HIV helps you to humanize them, discover their goals and desires".

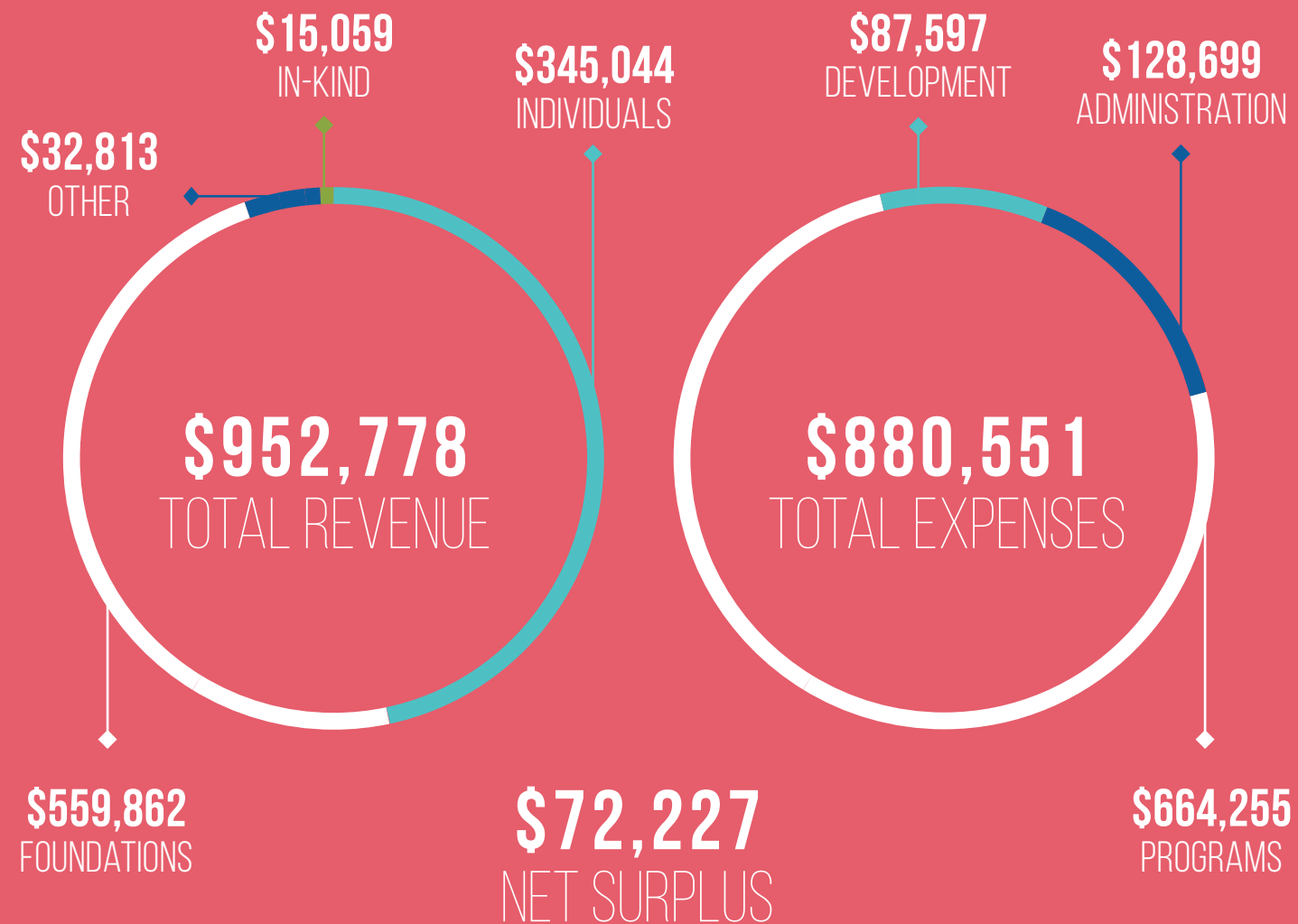
Mariela graduated from the WINGS program in 2018. She now studies in nursing school to build on everything she learned being part of WINGS. "Through the different activities of WINGS, I became aware of the situation in my country and decided that I wanted to dedicate myself to something that connects me with the people and be able to help to improve their lives. It would be nice to dedicate myself to family planning. WINGS has helped me to have an organized life plan. About my future, first I want to get a degree, then find a good job and a home before having a family. I don't want my children to grow up with financial difficulties".



MARIELA GARCÍA

YOUTH PROGRAM GRADUATE

FINANCIAL RESULTS



2018 financial information reflects audited results. WINGS is a U.S.-registered 501(c)(3) nonprofit organization founded in 2001 and is audited annually. For additional financial information, please visit our website at www.wingsguate.org. Our tax identification number is 31-1759515.



2019 BOARD OF DIRECTORS

FRONT ROW

Silvia Tum, Holly Myers, Jackie Verity, Kate Flatley, Rodrigo Barillas, Sue Patterson

BACK ROW

Marilyn Edmunds, Anne Kraemer Diaz, Roger Duvivier, Austin Anderson, Joel Weinthal, Theresa Weimerskirch, Richard Yankwich, Alejandra Colom

NOT PICTURED: Tonia Papke, Jennifer Benz

BOARD MEMBERS EMERITUS: Kathie Amble and Sue Wheeler



THANK YOU

To the **875 individuals and foundations** around the world who made generous financial contributions to support our work, including **374 donors** to our Volcano Response efforts;

To the **22 WINGS Sustainers** that chose to give monthly;

To the **192 new supporters** who have joined our cause; and

To the many **advocates, allies, and volunteers** who believe in the power of reproductive health and rights to transform lives and make the effort to spread the word about **WINGS**.



©WINGS 2019



www.wingsguate.org

info@wingsguate.org

GUATEMALA

9a Calle Poniente No. 17
Residenciales El Rosario No. 3
La Antigua, Guatemala
+(502) 7832-5130

USA

1043 Grand Ave #299
St. Paul, MN 55105

