



IT ALL BEGINS WITH REPRODUCTIVE RIGHTS

WINGS 2015 ANNUAL REPORT

WORDS FROM OUR LEADERS

Dear Friends,

2015 was truly an amazing year at WINGS! With the opening of WINGS' first ever stationary clinics in Antigua and Coban and the addition of a second mobile medical unit, we were able to expand and provide educational and health services in a total of 12 provinces in Guatemala. After much planning and with the hiring of our first Medical Director, we incorporated voluntary surgical contraception into the services we offer, guaranteeing that our patients are receiving a broad range of quality, affordable contraceptives, including tubal ligations and vasectomies. Lastly, in order to remove the economic barrier to access many young men and women face, we began to offer our services free of charge to youth under 20.

In addition to those advances, our team was hard at work implementing strategic changes in service delivery, as well as ensuring optimal use of resources to guarantee we are working as efficiently as possible. A partnership with the United Nations Population Fund (UNFPA) allowed us to purchase the bulk of the contraceptive methods we provide at a significantly lower cost. Our mobile teams have established service routes to ensure the best use of their time. We can see the impact of the LARCs First Methodology staff are using in counseling adolescents and women on the different contraceptive methods in the substantial increase in women choosing long acting reversible contraception versus short acting, a change which is beneficial to our clients, as well as our limited resources.

Donor funding is shifting away from Latin America and the Caribbean, where many countries, including Guatemala, have middle-income status and are being graduated from foreign aid programs, to other regions of the world deemed higher priorities. However, we see a different reality in Guatemala, communities where women still have 8 or more children, have never heard about cervical cancer, or their right to decide when and how many children to have. Here adolescent pregnancy is on the rise, an almost unheard of trend in much of the developing world. The women, men, and youth of Guatemala, especially in the rural, indigenous areas where 98% of our work is done, cannot afford to be overlooked. While we are thrilled with the past year's growth and outcomes, we realize this shift in funding priorities will create difficulties for the evolution of WINGS and the people of Guatemala.

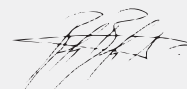
In this report, you will see how we were able to reach 29,578 Guatemalan women, men, and youth with vital sexual and reproductive health services on a budget of \$919,736, accomplishing more last year while spending less. You will find first hand accounts from our clients detailing how their lives have been impacted by the sexual and reproductive health services WINGS' provides.

We hope this report moves you to join us in our efforts to support the reproductive rights of women, men and youth in Guatemala and spread the word about WINGS with others.

With heartfelt thanks for your support,



Lynn Bakamjian
President of the Board of Directors



Rodrigo Barillas
Executive Director



ABOUT WINGS

Founded in 2001, WINGS creates opportunities for Guatemalans to improve their lives through reproductive health education and access to services. We take a holistic approach to reproductive health that recognizes the diverse barriers to exercising rights at the local level and engages community members, including indigenous women and girls, to secure reproductive rights and bring their voices to the forefront of the decision-making process. Working in 12 predominately rural, indigenous, and low-income provinces in Guatemala we provide education and services through a network of youth leaders, local family planning promoters, two mobile units, and two stationary clinics.

OUR IMPACT

In 2015, we reached **29,578** women, men, and youth with vital sexual and reproductive health information and services. As a result, we prevented:

8,036
UNINTENDED
PREGNANCIES

53
CHILD
DEATHS

4
MATERNAL
DEATHS*

* Impacts were estimated using Marie Stopes Impact2 Program based on annual contraceptive distribution



103

VOLUNTEER
PROMOTERS



2

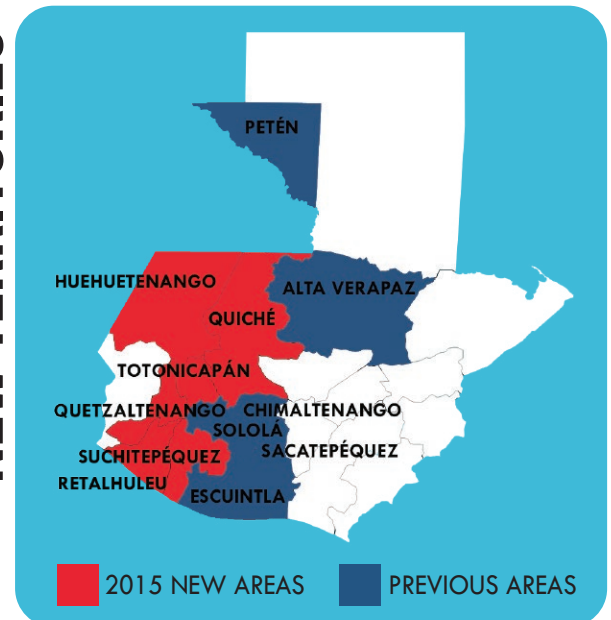
MOBILE
MEDICAL UNITS



2

STATIONARY
CLINICS

NEW TERRITORIES

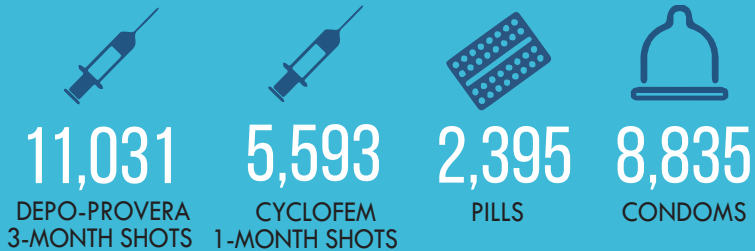


VOLUNTEER PROMOTER NETWORK



103 women and men who have an intimate linguistic and cultural knowledge of the communities they serve and therefore are able to provide quality counseling and low-cost methods at the community level.

In 2015 volunteer promoters provided 7,796 patients:



MEET LUCI

Luci has served as a WINGS volunteer promoter in her community Santa María Cauqué for six years. Growing up, things were not easy for Luci and her four brothers; money was often scarce. Luci's mother works as a midwife and from a young age Luci would go along with her to visit different women. **At only 8 years old, Luci found herself delivering her first baby.** No one else was around to help, so she stepped in using what she had learned from her mother. **At age 16, Luci became a mother herself, and began wondering about family planning methods** and if she could ever afford one.

Early on, Luci's husband was against her using a family planning method.

He wanted a large family and that was the end of the discussion. Luci chose to decide on her own reproductive future, and in secret began using a method she obtained at a WINGS clinic in her community. Once Luci started working with WINGS, providing talks and workshops and distributing contraceptives in her community, her husband became better informed about the positive effects of family planning and began to support her wholeheartedly. He even apologized saying, "Forgive me,

because when you wanted help I never gave it to you. Now, I will give you all the support you need. You are free, do whatever you want. Support everyone you need to support. Fight."

At only 24 years of age, Luci sees at least 250 patients per month, providing them counseling, and short term reversible contraceptives.

I used to think I couldn't do anything. Now look where I am!

Working with WINGS has turned Luci into an empowered woman. In her words, "I used to think I couldn't do anything. Now look where I am! With the help of WINGS, I was able to receive an income of my own."

She has seen many changes in her community:

"Before, talking about sex was frowned upon. Nobody wanted anything to do with family planning. Now, most ladies come up to me asking when the next mobile clinic is or to tell me they need some counseling. People think differently now. They say they want to try the subdermal implant, the IUD, and it's because I have guaranteed these methods work and my community trusts me."

6 We are so grateful for your support, and we hope it continues because many people need it.

- LUCI'S WORDS TO DONORS

LUCI

2
children

6 years
as WINGS'
promoter

Age:
24

Became
a mother at age
16

250
patients per
month

Contraceptive
method of choice:
**JADELLE SUBDERMAL
IMPLANT**



MOBILE MEDICAL CLINICS

5,754 PATIENTS ATTENDED




185 MOBILE
MEDICAL CLINICS
IN 2015.



In 2015 our mobile units provided:


1,783
JADELLE
IMPLANTS


291
INTRAUTERINE
DEVICES (IUDS)


3,062
CERVICAL CANCER
SCREENINGS

WINGS travels throughout the country to host medical clinics in our two mobile medical units, each made up of a driver, 3 nurses, and all the necessary supplies and equipment to conduct a medical clinic. During these clinics, we offer long-acting reversible contraception, cervical cancer screenings and treatment of precancerous cells, and treatment for some of the most commonly occurring sexually transmitted infections. By bringing our services to some of the most remote, hard to reach communities, we eliminate common barriers to accessing reproductive health services, such as cost of transportation and lack of nearby health facilities.

VOLUNTARY SURGICAL CONTRACEPTION

After providing referrals to partner organizations for many years, WINGS incorporated voluntary surgical contraception (VSC) into our portfolio of services in 2015. Affordable, quality tubal ligations and vasectomies are performed by our Medical Director at our stationary clinics and partner clinics in Alta Verapaz, Chimaltenango, Escuintla, Mazatenango, Sololá, and Totonicapán. Pre and post-procedure care and follow-up in the days after is provided by our team of nurses.

We performed **564**
voluntary surgical procedures -
6x the amount projected for 2015.

92 **472**
VASECTOMIES TUBAL LIGATIONS

The average woman or man who opts for VSC:



HAS 4
CHILDREN

31

IS 31
YEARS OLD



PATIENTS WAITING AT THE VSC CLINIC IN CHIMALTENANGO

MEET ROSALBA

We met Rosalba at a family planning clinic we held in Chimaltenango. **At 38 years old and with four children, she wanted a tubal ligation because she can barely afford to provide for the children she already has.** Rosalba told us that when she was young, no one explained to her what having a period meant, and up until recently, she never even knew that permanent contraception existed. She is one of 12 siblings, and her family never talked about family planning. In Rosalba's words, *"Sometimes because of our own ignorance, we do not even know the help that is out there. We do not search for support and next thing we know, we are pregnant again."* Rosalba only ever wanted two children, but because she never received proper education, she didn't know about contraceptives until she already had four children. Rosalba was a bit nervous about choosing a tubal ligation after the first time she heard about it, but once WINGS' staff explained the details, she felt very at ease with us and her decision.

Contraceptive
method of choice:
**TUBAL
LIGATION**

Age:

38

4

children

11

siblings

PEER OUTREACH NETWORK

WINGS' Peer Outreach Network trains young women and men between ages 14 and 19 to serve as Youth Leaders and provide basic sexual health information, answer questions, and offer referrals for services to peers in their communities. Through their outreach, WINGS seeks to promote responsible, informed decision-making, and greater access to sexual and reproductive health services among vulnerable, not-in-school youth. As part of this program, WINGS offers free counseling and services to youth under 20 through our community-based family planning promoters and network of stationary clinics throughout the country. All staff are trained in LARC-First Counseling which provides contraceptive information based on order of effectiveness.



65

65 YOUTH LEADERS REACHED 7,760 YOUTH THROUGH THEIR PEER EDUCATOR NETWORK

233%

233% INCREASE IN NOT-IN-SCHOOL YOUTH USING A CONTRACEPTIVE METHOD

73

DISTRIBUTED CONDOMS TO 73 NEW ADOLESCENT USERS

563

563 YOUTH PARTICIPATED IN ACTIVITIES ADVOCATING THE IMPORTANCE OF SEXUAL EDUCATION AND THE PREVENTION OF ADOLESCENT PREGNANCY

12,000

TRAINED TEACHERS IN 51 SCHOOLS TO REPLICATE OUR SEXUAL EDUCATION CURRICULUM TO AN ADDITIONAL 12,000 ADOLESCENTS

MEET RONALDO

Ronaldo is one of the young men in our Youth Leader Program. He was born in Magdalena Milpas Altas, a community where teenage pregnancies are frequent; many young girls have a child by the age of 15. Ronaldo tells us that before being part of our program, the only contraceptive method he knew about was the condom. Now he knows about many different contraceptive methods and STIs, and brings this information with him wherever he goes so he can teach his friends.



Ronaldo's family is very supportive of his decision to join WINGS' Youth Program because they are aware that family planning can improve people's quality of life. Ronaldo has drastically changed how he envisions his future since being a part of WINGS. *"If it weren't for WINGS, I would have wanted to have a baby already. Now, I want to graduate first, and maybe have my first child when I am 25. My point of view about relationships has also changed a lot. It was one of my favorite topics that we've covered at WINGS. I've learned not to be controlling, to trust my partner, to let her decide, and to never try to convince her to have sex if she is not ready"*.

CERVICAL CANCER PREVENTION

Currently, 3.77 million Guatemalan women are at risk for developing cervical cancer. At WINGS, we utilize visual inspection with acetic acid (VIAA) for immediate detection of cell abnormalities and same-day treatment using cryotherapy for precancerous cells that may lead to cervical cancer, a method ideal for low-resource settings like Guatemala.

In 2015 we screened **3,062** women for cervical cancer through our mobile medical units and stationary clinics.

140%

WE REACHED 140% OF OUR PROJECTED ANNUAL GOAL

27%

FOR 27% OF OUR PATIENTS, IT WAS THEIR FIRST SCREENING EVER

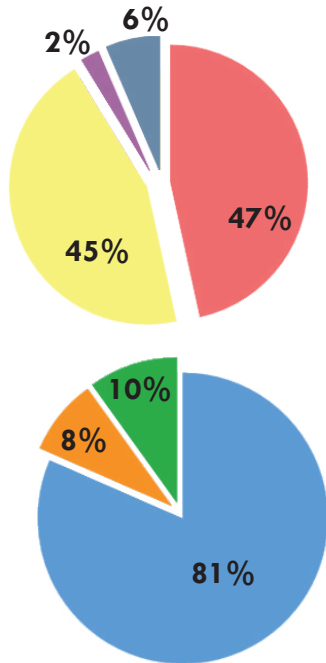
54

54 WOMEN REQUIRED CRYOTHERAPY TREATMENT



FINANCIAL SUMMARY

2015 marked the first year since 2010 that we received no government funding, which required a greater concentration of efforts in individual fundraising. We achieved a greater balance between institutional and individual funding, unlike previous years. 2015 marked the most successful year end campaign to date in the history of WINGS, raising over \$135,000. Still the changes in funding available required strategic changes in our service delivery and overall optimization of resources to ensure our expenses were less than our revenue. We ended the 2015 financial year with a surplus, which has not been the case since 2010.



	2015	2014
REVENUE		
Institutional Grants	\$440,603	\$200,927
Government	-	299,144
Individual Contributions	422,608	211,505
Other	61,384	9,869
Local Donations	21,699	-
Total Revenue	\$946,294	\$721,445
EXPENSES		
Administration	78,280	73,352
Development	91,456	72,061
Programs	750,000	814,792
Total Expenses	\$919,736	\$960,205
ASSETS		
Revenue less expenses	26,558	238,709
Non-operating activity	3,485	72,061
Increase (decrease) in net assets	30,043	234,216
Total Net Assets	\$330,154	\$221,442

WINGS is a U.S.-registered 501(c)(3) nonprofit organization founded in 2001 and is audited annually. For additional audited financial information, please visit our website at www.wingsguate.org. Our tax identification number is 31-1759515.

OUR TEAM

WINGS team is made up of 36 dedicated women and men who work as field supervisors, youth coordinators, nurses, doctors, drivers, and financial and administrative staff in our offices in Antigua, Coban, and Santa Elena-Flores in Guatemala. Supporting and guiding the team are 14 international and local development and public health experts who constitute our Board of Directors.

EXECUTIVE LEADERSHIP

Rodrigo Barillas - Executive Director
José Amaya - Finance Director
Michelle Dubon - Medical Director
Kymberly Morales - Program Director
Shilpa Kothari - Development and Program Director
Bernarda Jiménez - Monitoring & Evaluation Coordinator

36

TEAM
MEMBERS

99% GUATEMALAN
1% FOREIGN



8 NURSES



3 DRIVERS



11 FIELD
SUPERVISORS

BOARD OF DIRECTORS

Sue Patterson, Founder
Lynn Bakamjian, MPH, President
Evelyn Landry, MPH, Vice-President
Tonia Papke, Treasurer
Roger Duvivier, MD, Secretary
Susan Cushman, MD
Marilyn Edmunds, MSPH
Corey Martin, MD
*Kathie Amble, RNC, MA
Sue Wheeler
Jennifer Benz
Alejandra Colom, MA
Holly Myers
Austin Anderson

*Board Member Emeritus



THANK YOU

To the **538 individuals and organizations** around the world who made generous financial contributions to support our work;

To the **23 WINGS Sustainers** that chose to give monthly;

To the **158 new supporters** who have joined our cause; and

To the **countless advocates, allies, and volunteers** who believe in the power of reproductive rights to transform lives and make the effort to spread the word about WINGS.



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