



IT ALL BEGINS WITH REPRODUCTIVE RIGHTS

WINGS 2016 ANNUAL REPORT

WORDS FROM OUR LEADERS

Dear Friends,

2016 was a year of accomplishments at WINGS. We increased the efficiency of our programs while growing the number of clients we serve, always focusing on our goal of reaching underserved individuals in rural Guatemala with needed reproductive health services. Despite challenges, we grew our impact by concentrating our efforts on education, and particularly by providing counselling using the LARCs (long-acting reversible contraceptive) First methodology. As well as continuing our work at established stationary clinics in Antigua and Cobán, we expanded our mobile unit services by including the isolated and poor Ixil Region of Quiché in our service area. Lastly, we signed agreements with additional hospitals to allow us to expand our surgical services to communities in Suchitepéquez, Retalhuleu and Sacatepéquez.

One of the most exciting accomplishments we saw in 2016 was the 43% increase from 2015 in the number of adolescents using a LARC, from 248 to 355. We believe that we have the tools to positively influence the youth we serve and we could not be more proud of our success. This achievement speaks highly of our 80 Youth Leaders, who reached almost 9,000 of their peers with well-designed youth-friendly education programs. Every year, we see small shifts in Guatemalan attitudes and observe that youth are especially open to attitudes based in gender equality. Our Youth Leaders demonstrate a willingness to address reproductive health in an honest way that is at times unexpected and always inspirational.

Recent studies reveal that Guatemala continues to experience increases in adolescent pregnancy and maintains a high level of child malnutrition. The gap between rich and poor continues to grow as the population under age 15 booms, with indigenous communities in Guatemala experiencing the burden of overpopulation and hunger more acutely than their non-indigenous counterparts. Women and girls confront deeply-rooted patriarchy and cultural conservatism that limits their autonomy in decision-making with regard to contraception use. However—at the same time—more adults express the desire to have smaller families and the government is beginning to provide some contraceptive resources to its citizens on a reliable basis. WINGS remains positive in our outlook for the future, with the knowledge that true change takes time and patience.

WINGS has not received any government funding since 2015, neither from the US nor Guatemalan governments. While support from foundations remains steadfast, 2016 was the first year we did not meet our fundraising goals from individual donors. As the US political climate shifted, we have observed that a good number of donors have chosen to focus their gifts on projects closer to home. While we understand this trend, we plan to re-engage these donors and identify new ones to support our critical reproductive health work in Guatemala.

In 2016, on a budget of \$836,229, WINGS reached 27,771 Guatemalan youth, women and men with vital sexual and reproductive health services. In this report, you will read compelling first-hand accounts from our patients detailing how their lives have been impacted by our services. We hope you are moved to join us in our efforts to support the reproductive rights of youth, women and men in Guatemala and will share the news about WINGS's success with others.

With most sincere gratitude,



Holly Myers
President of the Board of Directors



Rodrigo Barillas
Executive Director

ABOUT WINGS

Founded in 2001, WINGS provides quality reproductive health education and services to underserved, primarily rural Guatemalan youth, women and men. We take a holistic approach to reproductive health that recognizes the diverse barriers to exercising rights at the local level and engages community members, including indigenous women and girls, to secure reproductive rights and bring their voices to the forefront of the decision-making process. Working in 13 predominantly rural, indigenous, and low-income provinces in Guatemala we provide education and services through a network of youth leaders, local contraception promoters, two mobile units, and two stationary clinics.

OUR IMPACT

27,771

WOMEN, MEN, AND YOUTH REACHED THROUGH SEXUAL
AND REPRODUCTIVE HEALTH INFORMATION AND SERVICES

10,146

UNINTENDED PREGNANCIES PREVENTED

21% INCREASE FROM 2015

56

CHILD DEATHS PREVENTED

26% INCREASE FROM 2015

4

MATERNAL DEATHS PREVENTED



2
MOBILE UNITS

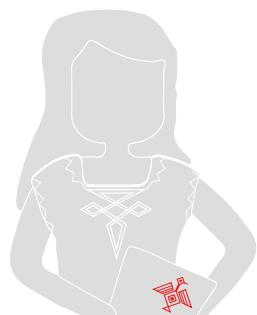


SERVING:
13 DEPARTMENTS
109 COMMUNITIES

OUR COVERAGE



3
STATIONARY
CLINICS



56
VOLUNTEER HEALTH
PROMOTERS



SERVING:
5 DEPARTMENTS
56 COMMUNITIES



SERVICE PROVISION

TOTAL PATIENTS
ATTENDED BY
OUR MOBILE AND
STATIONARY CLINICS

6,642



PROFILE OF OUR PATIENTS

25

14 YOUNGEST PATIENT

47 OLDEST PATIENT

AVERAGE AGE OF OUR
CONTRACEPTIVE METHODS PATIENTS

3

0 MINIMUM NUMBER OF CHILDREN

11 MAXIMUM NUMBER OF CHILDREN

AVERAGE NUMBER OF CHILDREN FOR OUR
CONTRACEPTIVE METHODS PATIENTS

31

18 YOUNGEST PATIENT

52 OLDEST PATIENT

AVERAGE AGE OF OUR VOLUNTARY
SURGICAL CONTRACEPTION PATIENTS

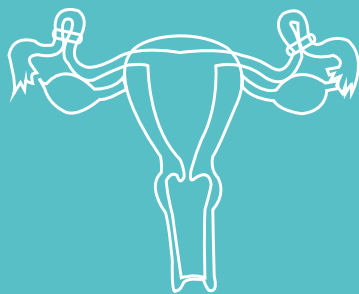
4

1 MINIMUM NUMBER OF CHILDREN

10 MAXIMUM NUMBER OF CHILDREN

AVERAGE NUMBER OF CHILDREN FOR OUR
VOLUNTARY SURGICAL CONTRACEPTION PATIENTS

VOLUNTARY SURGICAL CONTRACEPTION

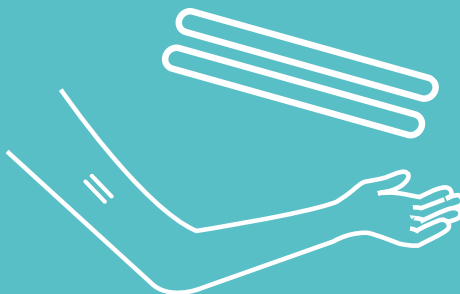


698
TUBAL LIGATIONS

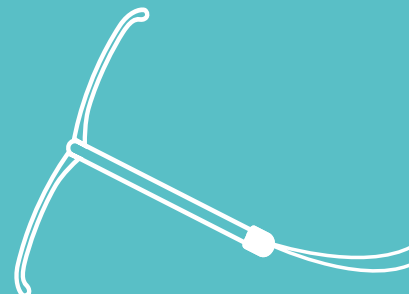


110
VASECTOMIES

LONG-ACTING REVERSIBLE CONTRACEPTIVES



1,800
SUBDERMAL HORMONAL IMPLANTS



648
COPPER INTRAUTERINE DEVICES (IUD)

CERVICAL CANCER PREVENTION



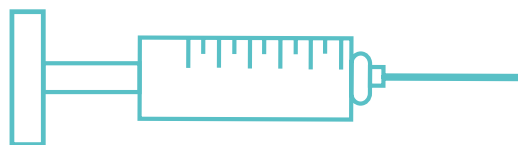
4,194
CERVICAL CANCER SCREENINGS

129
POSITIVE CASES

79
CRYOTHERAPY TREATMENTS

VOLUNTEER PROMOTER NETWORK





9,392
QUARTERLY INJECTIONS

&

5,475
MONTHLY INJECTIONS

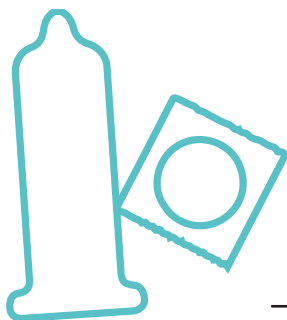
OUR NETWORK OF

56

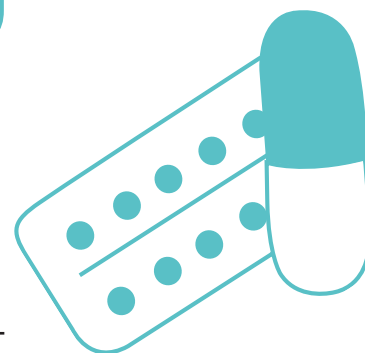
VOLUNTEER HEALTH PROMOTERS
PROVIDED SHORT-ACTING
CONTRACEPTIVES TO

6,000

PATIENTS



7,744
CONDOMS



1,878
PILLS



ENMA RODAS

VOLUNTEER HEALTH PROMOTER

Our Volunteer Health Promoter, 40 year old Enma, started with WINGS 5 years ago after being referred by a friend that was in the program at that time. She has become one of our strongest supporters, advocating for reproductive health in Guatemala: “Family Planning means everything to me. It helps us in every single aspect of life and thanks to it, I have a better life. My siblings have a better life. My community has a better life. Everyone is better.”

Enma serves the community of San Pedro Yepocapa in Chimaltenango. She used to sell cosmetic lotions in her community and started promoting contraceptive methods to her clients. Now she has around 40 patients. “I bring everything I learn from WINGS to my village. Now, after all this time, I see meaningful changes in the women that are using a contraceptive method. They are happier because they can enjoy their lives without being afraid of getting pregnant.”

San Pedro Yepocapa is a poor community and most of Enma’s patients are unemployed or work as farmers. She explains that promoting reproductive health to village elders is extremely difficult, since they believe many myths and are closed minded regarding contraceptives. “They say, for example, that anyone who uses the birth control injection will accumulate filth in her stomach and it will make her fat. It is hard to stop the rumors,” she explains.

Enma’s mother had 10 children but 3 of them died as children. Enma wanted to have 2 children, but she ended up having 3. “When my last daughter was 6 months old, I got a tubal ligation and it was the best decision of my life. I feel that I still have a lot of energy and I can fully enjoy my children, who are already teenagers!” She has two sons, 20 and 17 and a daughter who is 16 - she is proud that she talks about reproductive health with all of them. They, as well as her husband, are totally supportive of her.

She recognizes that working with WINGS means facing some hard moments. “Every patient reacts differently to each contraceptive method and sometimes they are scared, but I always try to calm them.” She loves to be part of this journey and she sees the rewards. “One of my patients is a 30 year-old woman with 8 children. I tried to convince her for long to use a contraceptive method. Now she is truly thankful to me and WINGS for helping her. Before she had no time for herself and her body was going through many changes. Now she gets a monthly injection and she is happy because she feels self-confident and young again.”

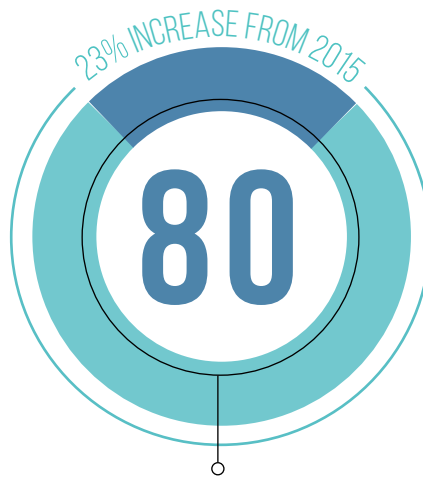


ALAS

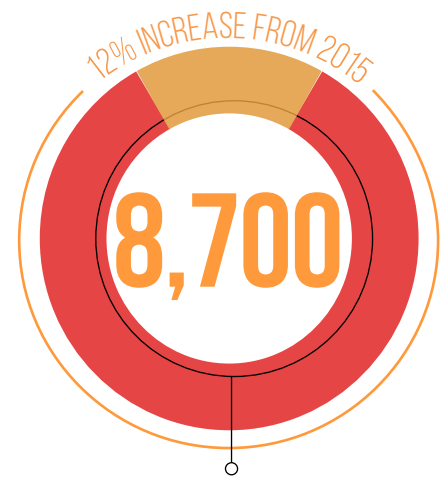
ALAS

YO APOYO
La Planificación Familiar

YOUTH PEER EDUCATION PROGRAM



YOUTH LEADERS



YOUTH BENEFICIARIES

YOUTH USING CONTRACEPTIVE
METHODS



YOUTH USING LONG-ACTING
REVERSIBLE CONTRACEPTION



MERCY GONZALEZ

YOUTH LEADER

Mercy is a Youth Leader from Ciudad Vieja, a small city near La Antigua Guatemala. She learned about WINGS from a family friend and started with the Youth Peer Education Program in July 2016.

Mercy's parents own two pharmacies where Mercy is able to chat with patients about contraception, using the vital knowledge she has gained from her training at WINGS. "The pharmacy is the perfect place to promote contraceptive methods. Young people come here to buy condoms or pills, and I can talk with them and inform them about other methods and LARCs."

She loves being part of the Youth Peer Education Program because, as she says, "It is a space where young people can talk without mincing words. We talk freely about subjects that we don't talk about in the streets."

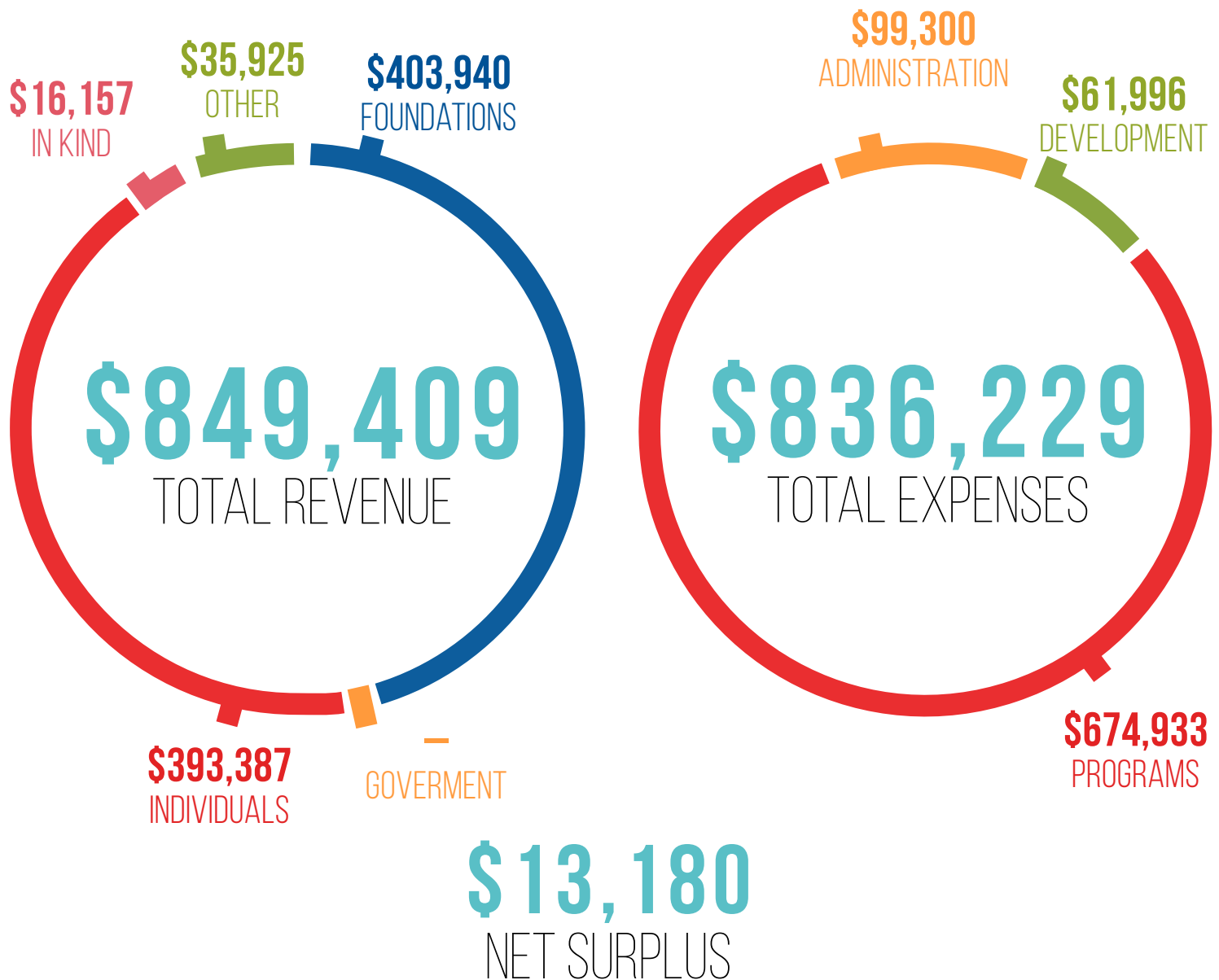
Mercy is the middle sibling of three. She has a 22 year old sister and a 14 year old brother. Despite the fact that her mom and her sister don't trust or use contraceptive methods, she is in favor of contraception. "My family and I don't get along in terms of family planning. I am the only woman in my family who thinks that using birth control is best. I am young and I want to use a Long-acting Reversible Contraceptive method that allows me to reach my goals in life."

Mercy intends to study Pharmacy and Laboratory Technician studies. She wants to wait to have children until she is at least 24 years old.





FINANCIAL RESULTS



2016 financial information reflects audited results

SOCIAL MEDIA



TOTAL PAGE LIKES

4,570

50.7% INCREASE FROM 2015

2016 ORGANIC REACH

295,834



TOTAL FOLLOWERS

950

41.3% INCREASE FROM 2015



TOTAL FOLLOWERS

850

20% INCREASE FROM 2015

2017 TEAM

The WINGS team is 32 strong with field supervisors, youth coordinators, nurses, doctors, drivers, and financial and administrative staff in our offices in Antigua and Cobán.

EXECUTIVE LEADERSHIP



Rodrigo Barillas
Executive Director



Michelle Dubon
Medical Director



Eleanor Unsworth
Programs Director



Kirsten Taylor
Development and
Communications Director



Astrid Gramajo
Administrative Director



José Amaya
Finance Director

2017 BOARD OF DIRECTORS

Supporting and guiding the team are 15 international and local development and public health experts who constitute our Board of Directors.

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Holly Myers
President

Marilyn Edmunds
MSPH, Vice-President

Austin Anderson
MBA, Treasurer

Roger Duvivier
MD, Secretary

Lynn Bakamjian
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PCC

Silvia Tum

Joel Weinthal
MD

BOARD MEMBERS EMERITUS: Kathie Amble and Sue Wheeler





THANK YOU

To the **483 individuals and organizations** around the world who made generous financial contributions to support our work;

To the **22 WINGS Sustainers** that chose to give monthly;

To the **192 new supporters** who have joined our cause; and

To the **countless advocates, allies, and volunteers** who believe in the power of reproductive rights to transform lives and make the effort to spread the word about WINGS.

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